



**IO SONO
FRIULI
VENEZIA
GIULIA**

Con la collaborazione di:



E con il patrocinio di:



Pleasures of the Carso – Summer 2025

5 nature trails on the Carso

Nature, culture, history and gastronomy

On Sundays and 15 August, from 10 August to 7 September

Carso environments and ecology presented by “Curiosi di Natura” guides

With live readings (in Italian) about local nature, history and culture

Itineraries along shaded paths. Suitable for all ages and fitness levels

Long trousers and closed shoes with treaded soles recommended

Possibility of discounted meals at affiliated “Saponi del Carso” restaurants

CALENDAR OF EXCURSIONS

On Sundays and August 15th:

10, 15, 17, 24 August (17.30-20.30), 7 September (19.00-22.30)

Meeting time: 20 min before departure, at indicated venues (see GPS & Google Maps)

SUNDAY 10 AUGUST: “Zobec Fish Farm and Rosandra stream” Guided tour and tastings at Zobec Fish Farm, that breeds salmon at the Bagnoli della Rosandra springs. Followed by a walk along the stream, amid cool greenery and the picturesque cliffs of the Rosandra Valley natural reserve. **Meeting venue: Bagnoli della Rosandra**, visitors’ centre car park - Prešeren Theatre. **GPS: [45°36'44.7"N 13°51'28.5"E](#)**

FRIDAY 15 AUGUST “Santa Croce, a walk looking out to sea” Along the rim of the Carso plateau, amid pines, oaks and Mediterranean vegetation. From the clearings and the Slataper lookout tower, spectacular views of the Carso, Miramare and the gulf. With live readings. **Meeting venue: Santa Croce**, Provincial road n. 1 at turning for the Coast road (entrance to Civil Protection, near the sports area). Bus n. 44 from Trieste **GPS: [45°44'13.7"N 13°41'26.0"E](#)**

SUNDAY 17 AUGUST: “Sunset at the Slivia fortified village” From San Pelagio, amid vineyards, scenic views of the gulf and the Carso, up to the remains of the walls of the impressive fortified village dating back to the Bronze and Iron age. A stop to enjoy the sunset from the fortification and walk back to the village along an easy dirt track. **Meeting venue: square in San Pelagio. GPS: [45°45'57.5"N 13°41'14.4"E](#)**

SUNDAY 24 AUGUST “In the old village of Opicina” Discover the more picturesque and lesser known spots of the town to find out about its history. With Živka Persi, president of the association of Slovene Culture Centres (Zveza slovenskih kulturnih društev) and member of the Tabor Slovenian Culture Association (Slovensko kulturno društvo – Tabor). **Meeting venue: Parking lot of the Centro Civico** (bus n. 4, 64 and Opicina tram). **GPS: [45°41'19.4"N 13°47'08.2"E](#)**

SUNDAY 7 SEPTEMBER: "Sunset in Basovizza, from grasslands to the stars" Excursion along the edge of the Carso plateau, looking down over the city at sunset. Return towards Basovizza with a stop for a picnic in the meadows. At the fall of dusk, the astrophysicist Giorgio Calderone will illustrate the celestial dome and constellations. Return with electric torches along an easy track (arrival at about 22.30). **Meeting venue (19.00): Basovizza Synchrotron parking lot**, at the bus stop for bus n. 51 from Trieste. **GPS: [45°38'43.4"N 13°50'45.2"E](#)**

Prices: € 12 adults (10 August € 20); € 6 under 14 years (10 August € 15); free under 6 years

BOOKING IS REQUIRED

FOR GROUPS, ON REQUEST: excursions also possible on other dates, all year round

Tour languages: IT, ENG, DEU, SLO - www.piacevolmentecarso.it

INFO & BOOKING: CURIOSI DI NATURA

mob. (+39) 340.55.69.374 - curiosidinatura@gmail.com - www.curiosidinatura.it

Press: Maurizio Bekar – www.bekar.net

Pleasures of the Carso

Summer 2025

AFFILIATED

RESTAURANTS



All participants in a "Curiosi di natura" excursion will receive a coupon for 2 persons, valid from 10 August to 14 September entitling them to a 10% discount on menus of the following "Saponi del Carso" restaurants

Trattoria OŠTERIJA FERLUGA – Conconello / Ferluga (TS), Via / Ulica Bellavista 12, tel. 347.1396133 - dimitriferluga@gmail.com - *Open Mon-Thurs at dinner time; Fri-Sun at lunch and dinner time*

Trattoria – Gostilna AL FARO - Scala Giuseppe Sforzi 2 (TS), tel. 040.410092 - www.trattorialfaro.it - info@trattorialfaro.it – *Closed: Mon and Thurs*

Trattoria Gostilna VETO - Opicina / Opčine (TS), Via di Prosecco / Proseška ulica 35, tel. 040.211629, pizzeriaveto@libero.it - *Closed: Tues; in August closed at lunchtime*

Hotel & Restaurant KRIŽMAN - Repen 76, Monrupino / Repentabor, tel. 040.327002 www.hotelkrizman.eu - *Closed: Mon, Tues. Open: Wed-Thurs at dinnertime; Fri-Sat open at lunch and dinnertime, Sun at lunchtime only*

Trattoria sociale Društvena gostilna GABROVEC - Sgonico / Zgonik, Gabrovizza / Gabrovec 24, tel. 040.2296036, gabrovec1902@gmail.com - *Open: Mon-Wed 10.00-16.00 h; Fri-Sun 10.00-22.00 h*

Agriturismo OSTROUSKA - Sagrado/ Zagradec,1 – Sgonico / Zgonik, tel. 040 2296672 348.9214743 www.ostrouska.com - info@ostrouska.it - *Open: Sat and Sun.*

SILENE AgriRistorante - Via Gruden 9, Jamiano (Doberdò del Lago, Doberdob) - cell. 351.9497774 - sileneagriristoro@gmail.com – <https://sileneagriristorante.platform.app/welcome> - *Open: Fri, Sat and Mon at dinnertime; Sun lunch only.*

Trattoria Gostilna LOKANDA DEVETAK Savogna d'Isonzo / Sovodnje ob Soči (GO), S. Michele del Carso, Vrh sv. Mihaela / Brežiči 22, tel. 0481.882488 - www.devetak.com – *Closed all day Mon and Tues, and lunchtime Wed and Thurs. Road-side tavern-bar open Sat and Sun only*

Antico Caffè San Marco, Trieste, via Battisti 18/A, tel. 040.2035357 - www.caffesanmarco.com – *Discount on lunch and dinner, daily. Restaurant closed on Sun evening*

CALL TO CHECK IF OPEN - BOOKING IS RECOMMENDED