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Pleasures of the Carso – Spring 2025

within the
"Springtime Gentle Mobility"
project promoted by A.Mo.Do.



Nature trails on the Carso, around Trieste, Gorizia and Slovenia
Nature, culture, history and gastronomy

On Sundays and Easter Monday from 13 April to 15 June

Carso environments presented by "Curiosi di Natura" guides
With live readings (in Italian) about ecology, local history and culture

Easy itineraries, suitable for all fitness levels. Closed shoes with treaded soles recommended

Possibility of discounted meals at affiliated "Saponi del Carso" restaurants

CALENDAR OF EXCURSIONS

13, 21, 27 April - 4, 18 May - 15 June (9.30-13.00)

Meeting time: 20 min before departure, at indicated venue (see GPS & Google Maps)

SUNDAY 13 APRIL "Grozzana to Mount Goli" A cross-border trail through diverse environments: karst grassland, the green Krasno Polje valley and the Mount Goli woods with their spring wildflowers. **Venue: 9.10 am, church at Pesek. GPS: [45°37'41.8"N 13°53'47.8"E](https://www.google.com/maps/place/45°37'41.8\)**

EASTER MONDAY 21 APRIL "From Sgonico to the Bear Cave" A walk amid typical karstic phenomena to reach the Bear Cave. With its imposing entry vault, the cave was home to the remains of cave bears and Neolithic settlements. Themed readings. **Venue: 9.10 am, Sgonico Town Hall. Buses n. 42 and 46 from Trieste. GPS: [45°44'08.1"N 13°44'48.4"E](https://www.google.com/maps/place/45°44'08.1\)**

SUNDAY 27 APRIL "Basovizza to the slopes of Mount Cocusso" A leisurely cross-border trek across flowering grasslands up into the woods on the slopes of Mount Cocusso. Discover the flora, the history and the geology of the Carso plateau. **Venue: 9.10 am, parking lot at the Astronomical Observatory of Basovizza. GPS: [45°38'22.4"N 13°52'24.2"E](https://www.google.com/maps/place/45°38'22.4\)**

SUNDAY 4 MAY "On Mount Carso" A walk across the Mount Carso and Ocisla (Slo) plateau. From San Servolo Castle to the remains of a prehistoric fortification, take in the flowering grasslands, wind-bent twisted juniper trees and the views over Val Rosandra, the sea and the Istria peninsula. Themed readings. **Venue: 9.10 am, Dolina (San Dorligo della Valle) cemetery. GPS: [45°35'58.5"N 13°51'30.6"E](https://www.google.com/maps/place/45°35'58.5\)**

SUNDAY 18 MAY "Cerje to Lokvica (Slo)" Across woods, dolinas and remains of WWI up to the Tower of Cerje memorial. Views stretching from the sea over to the Vipava river. **Venue: 9.10 am,**

trattoria at Devetachi, State Road 55 (Doberdò del Lago). Then by car to the start of the walk. **GPS:** [45°52'06.2"N 13°34'19.1"E](#)

SUNDAY 15 JUNE "The lavender fields of Povir (Sežana)" Through woods, stunning dolinas and views of the mountains, up to the village of Povir (Slo). Visit to the farm that grows lavender and medicinal herbs, with tastings of local produce. **Venue (8.45 am): parking lot of the former border crossing for Lipica;** then, by car to the start of the walk. **GPS:** [45°39'05.2"N 13°52'44.1"E](#)

PRICES: € 12.00 full (15 June: € 17.00); € 6.00 reduced, under 14 years; free under 6 years

BOOKING IS REQUIRED

FOR GROUPS, ON REQUEST: excursions also possible on other dates, all year round
Tour languages: IT, ENG, DEU, SLO - www.piacevolmentecarso.it

INFO & BOOKING: CURIOSI DI NATURA

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Press: Maurizio Bekar – www.bekar.net

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AFFILIATED RESTAURANTS



**All participants in an excursion will receive a coupon for 2 persons,
valid from 13 April to 22 June**

entitling them to a 10% discount on menus of the following "Saponi del Carso" restaurants

Trattoria - Gostilna OŠTERIJA FERLUGA – Conconello / Ferluga (TS), Via / Ulica Bellavista 12, tel. 347 1396133 - dimitriferluga@gmail.com – *Until mid-May: closed all day Mon and Tues; open Wed and Thurs dinner only, Fri to Sun lunch and dinner. From mid-May: open Mon-Thurs dinner only and Fri-Sun lunch and dinner.*

Trattoria – Gostilna AL FARO - Scala Giuseppe Sforzi 2 (TS), tel. 040.410092 - www.trattorialfaro.it
info@trattorialfaro.it – *Closed: Sun evening and Mon*

Trattoria - Gostilna VETO - Opicina / Opcone (TS), Via di Prosecco / Proseška ulica 35, tel. 040 211629, pizzeriaveto@libero.it - *Closed: Tues and in April.*

Hotel&Restaurant KRIŽMAN - Repen 76, Monrupino / Repentabor, tel. 040 327115
www.hotelkrizman.eu – *Open: Wed and Thurs dinner only, Fri and Sat lunch and dinner, Sun lunch only.*

Trattoria sociale Društvena gostilna GABROVEC - Sgonico / Zgonik, Gabrovizza / Gabrovec 24, tel. 040 2296036, gabrovec1902@gmail.com - *Always open at lunchtime. Closed Thurs.*

Agriturismo OSTROUSKA - Sagrado/ Zagradec, 1 – Sgonico / Zgonik, tel. 040 2296672 348.9214743
www.ostrouska.com. *Open: Sat and Sun.*

SILENE AgriRistorante - Via Gruden 9, Jamiano (Doberdò del Lago, Doberdob) - cell. 351 949 7774 -
sileneagriristoro@gmail.com – <https://sileneagriristorante.platform.app/welcome> - *Open: from Thurs to Sat at dinnertime; Sun lunch only.*

Trattoria Gostilna LOKANDA DEVETAK - Savogna d'Isonzo / Sovodnje ob Soči (GO), S. Michele del Carso, Vrh sv. Mihaela / Brežiči 22, tel. 0481 882488 - www.devetak.com – *Closed Mon and Tues, and lunchtime Wed and Thurs. Road-side tavern-bar open Sat and Sun only.*

Antico Caffè San Marco, Trieste, via Battisti 18/A, tel. 040 2035357 - www.caffesanmarco.com –
Discount on lunch and dinner only. Restaurant closed on Sun evening.

CALL TO CHECK AVAILABILITY