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## Pleasures of the Carso – Summer 2023

5 nature trails on the Carso

Nature, culture, history and gastronomy

On Sundays, from 6 August to 1 October

Carso environments and ecology presented by “Curiosi di Natura” guides  
With live readings (in Italian) about local nature, history and culture

Itineraries along shaded paths. Suitable for all ages and fitness levels  
Long trousers and closed shoes with treaded soles recommended

Possibility of discounted meals at affiliated “Saperi del Carso” restaurants

### CALENDAR OF EXCURSIONS

On Sundays and August 15th:

6, 13, 15 August (17.30-20.30), 20 August (17.30-22.30), 1 October (6.40–10.00)

Meeting time: 20 min before departure, at indicated venue (see GPS & Google Maps)

**SUNDAY 6 August “Santa Croce, between the sea and the Carso”** A walk through the lanes of Santa Croce and a visit to the Trieste Coastal Fishing Museum, with Franco Cossutta, from the association in charge of the museum. Fishing history and traditions of the Slovenes inhabiting the coast between Trieste and the Timavo river, and the life of this village on the Carso. **Meeting point: 17.10, Santa Croce (Trieste)**, Provincial Road n. 1 at the junction for Bristie. Bus n. 44 from Trieste. **GPS: [45°44'05.3"N 13°41'46.2"E](https://www.google.com/maps/place/45°44'05.3)**

**SUNDAY 13 August “From Trebiciano to the meadows across the border”** An excursion on the Carso to enjoy the fresh air of the woods in the hills at the border with Slovenia. Meadows with brightly coloured flowers, oddly shaped karstic rocks and views of the upland Carso. **Meeting point: 17.10, main square in Trebiciano**, in front of the church of Sant’Andrea. Bus n. 51 from Trieste. **GPS: [45°40'20.6"N 13°49'30.9"E](https://www.google.com/maps/place/45°40'20.6)**

**TUESDAY 15 August “Along the Strada Napoleonica at sunset”** A walk in the woods overlooking Trieste, at sunset, with views of the sea and the city, and themed readings. To discover local nature and history through new eyes, on one of Trieste’s most popular trails. **Meeting point: 17.10, Obelisk at Opicina**. Buses n. 2 and 4 from Trieste. **GPS: [45°40'47.2"N 13°46'51.7"E](https://www.google.com/maps/place/45°40'47.2)**

**SUNDAY 20 August “Lipica to Gropada under the stars”** A slow-paced, easy 8 km walk across woodland and meadows to reach Gropada. Dinner at leisure (packed or at a restaurant). In the evening, the astrophysicist Giulia lafrate from the Trieste Astronomical Observatory will illustrate the celestial dome and constellations. Return with electrical torches along the forest track (arrival around 22.30 h). **Meeting point: 17.10, parking area at the ex border crossing of Lipica**. **GPS: [45°39'05.2"N 13°52'44.1"E](https://www.google.com/maps/place/45°39'05.2)**

**SUNDAY 1 October "Sunrise on the Rilke Trail" (6.40-10 am)** A walk along the scenic walk that inspired the works of the poet Rainer Maria Rilke: one of the most suggestive places of the Carso. Screens, holm oaks, vertical sea cliffs, Duino castle and the city are all slowly lit up by the rising sun. With themed readings. **Meeting point: 6.30 am, at the Sistiana Infopoint** (start of the Rilke Trail).  
**GPS: [45°46'20.4"N 13°37'40.9"E](https://www.google.com/maps/place/45°46'20.4)**

**PRICES: € 10 adults; € 5 under 14 years; free under 6 years**  
**BOOKING IS REQUIRED**

**FOR GROUPS, ON REQUEST: excursions also possible on other dates, all year round**  
**Tour languages: IT, ENG, DEU, SLO - [www.piacevolmentecarso.it](http://www.piacevolmentecarso.it)**

**INFO & BOOKING: CURIOSI DI NATURA**  
**mob. (+39) 340.55.69.374 - [curiosidinatura@gmail.com](mailto:curiosidinatura@gmail.com) - [www.curiosidinatura.it](http://www.curiosidinatura.it)**

**Press: Maurizio Bekar – [www.bekar.net](http://www.bekar.net)**

## **Pleasures of the Carso** **Summer 2023**

### **AFFILIATED** **RESTAURANTS**



**All participants in a "Curiosi di natura" excursion**  
**will receive a coupon for 2 persons, valid from 6 August to 1 October 2023**  
**entitling them to a 10% discount on menus of the following "Saponi del Carso" restaurants**

**Trattoria OŠTERIJA FERLUGA** – Conconello / Ferluga (TS), Via / Ulica Bellavista 12, tel. 347 1396133 - [dimitriferluga@gmail.com](mailto:dimitriferluga@gmail.com) - *Open Mon-Thurs at dinner time; Fri-Sun at lunch and dinner time*

**Trattoria Gostilna VETO** - Opicina / Opčine (TS), Via di Prosecco / Proseška ulica 35, tel. 040 211629, [pizzeriaveto@libero.it](mailto:pizzeriaveto@libero.it) - *Closed: Tues; in August closed at lunchtime*

**Hotel & Restaurant KRIŽMAN** - Repen 76, Monrupino / Repentabor, tel. 040 327002 [www.hotelkrizman.eu](http://www.hotelkrizman.eu) - *Closed: Mon, Tues. Open: Wed-Thurs at dinnertime; Fri-Sat open at lunch and dinnertime, Sun at lunchtime only*

**Trattoria sociale Društvena gostilna GABROVEC** - Sgonico / Zgonik, Gabrovizza / Gabrovec 24, tel. 040 2296036, [gabrovec1902@gmail.com](mailto:gabrovec1902@gmail.com) - *Open: Mon-Thurs 10.00-16.00 h; Fri-Sun 10.00-22.00 h*

**Trattoria Gostilna SARDOČ** - Precenico / Prečnik 1/b, Duino Aurisina - Devin Nabrežina, tel. 040 200871 - [www.sardoc.eu](http://www.sardoc.eu) - *Closed: Mon, Tues*

**Trattoria Gostilna LOKANDA DEVETAK** Savogna d'Isonzo / Sovodnje ob Soči (GO), S. Michele del Carso, Vrh sv. Mihaela / Brežiči 22, tel. 0481 882488 - [www.devetak.com](http://www.devetak.com) – *Closed all day Mon and Tues, and lunchtime Wed and Thurs. Road-side tavern-bar open Sat and Sun only*

**Antico Caffè San Marco**, Trieste, via Battisti 18/A, tel. 040 2035357 - [www.caffesanmarco.com](http://www.caffesanmarco.com) – *Discount on lunch, dinner and brunch only. Closed on Sun evening*

**Crocevia Locanda Carsica Contemporanea / Sobodna kraška domačija** - TS, Santa Croce / Kriz 173, tel. 366.3633394 - [www.crocevia173.it](http://www.crocevia173.it) - *In August open Wed-Sun at dinnertime. In September open Sat-Sun at lunchtime, and Thurs-Sun at dinnertime.*

**CALL TO CHECK IF OPEN - BOOKING IS RECOMMENDED**