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Pleasures of the Carso – Summer 2019

8 nature trails on the Carso around Trieste and Gorizia
Nature, culture, history and gastronomy

On Sundays and 15 August, from 4 August to 29 September

Carso environments and ecology presented by "Curiosi di Natura" guides
With live readings (in Italian) about local nature, history and culture

Easy itineraries along shaded paths, suitable for all ages and fitness levels
Long trousers and closed shoes with treaded soles recommended

Possibility of discounted meals at affiliated "Sapori del Carso" restaurants

CALENDAR OF EXCURSIONS

4, 11, 15 August, 8 September (17.30-20.30)

1 September (9.30-17.00); 15, 22, 29 September (9.30-12.30)

Meeting time: 20 min before departure, at indicated venue (see GPS & Google Maps)

4 AUGUST and 15 SEPTEMBER - On Mount Carso

A level walk across the M. Carso and Ocisla plateau. Flowering Carso grasslands, twisted wind-bent juniper bushes and a spectacular view of Val Rosandra, the sea and Istria.

Meeting venue: Dolina Cemetery (San Dorligo della Valle); then by car-sharing. Bus n. 41 from Trieste. **GPS** 45°35'58.5"N 13°51'30.6"E - [45.599583, 13.858508](https://www.google.com/maps/place/45.599583,13.858508)

11 AUGUST and 22 SEPTEMBER - The WWI Park in Monfalcone

Across the pine forests and meadows, up to the Castle that dominates the plains and the Carso. In the quiet of nature, among the remains of trenches, with live readings about World War I.

Meeting venue: Monfalcone Town Hall. Can be reached by bus and train. **GPS:** 45°48'33.7"N 13°31'58.5"E - [45.809371, 13.532905](https://www.google.com/maps/place/45.809371,13.532905)

15 AUGUST and 8 SEPTEMBER - Along the Strada Napoleonica at sunset

In the woods of the Carso looking out over Trieste at sunset; with views of the sea, the city and its sights. With themed readings, to discover nature, history and culture with new eyes, while walking along one of Trieste's most popular trails. **Meeting venue: Opicina Obelisk.** Buses n. 2 and 4 from Trieste. **GPS:** 45°40'47.2"N 13°46'51.7"E - [45.679778, 13.781028](https://www.google.com/maps/place/45.679778,13.781028)

1 SEPTEMBER – Cerje (Slo) along the Walk of Peace (whole day)

A slow-paced excursion in the Slovenian Karst, amid woods, dolinas and remains from WWI, up to the Tower of Cerje, a museum, monument and memorial. Extensive views from the sea to the Vipava river, with live readings. Lunch at leisure (packed, or at the bar-restaurant). Return to Lokvica via a different route.

Meeting venue: trattoria at Devetachi, State Road 55 (Strada del Vallone) to Gorizia (Doberdò del Lago). Then by car to Lokvica. **GPS:** 45°52'06.5"N 13°34'17.7"E - [45.868472, 13.571583](#)

29 SEPTEMBER - Along the rim of Carso plateau, from Opicina to Trebiciano

A walk through the pine forests, broadleaf woods and dry grasslands, admiring the city laid out below you, as if on a map. With a splendid view of the gulf and Istria. With readings on the life and culture of Trieste of the past. **Meeting venue: parking lot at the main junction in Opicina** (Trieste). Buses n. 2 and 4 from Trieste. **GPS:** 45°40'58.0"N 13°47'01.0"E - [45.682778, 13.783597](#)

PRICES: € 8.00 full (1 September € 12); € 5.00 reduced, under 14 years; free under 6 years

BOOKING IS RECOMMENDED

FOR GROUPS, ON REQUEST: excursions also possible on other dates, all year round
Tour languages: IT, ENG, DEU, SLO - www.piacevolmentecarso.it

INFO & BOOKING: CURIOSI DI NATURA

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Press: Maurizio Bekar – www.bekar.net

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AFFILIATED RESTAURANTS



**All participants in a “Curiosi di natura” excursion
will receive a coupon for 2 persons, valid from 4 August to 29 September 2019,
entitling them to a 10% discount on menus of the following “Sapori del Carso” restaurants**

Trattoria - Gostilna OŠTERIJA FERLUGA – Conconello / Ferlugi (TS), Via / Ulica Bellavista 12, tel. 347 1396133 - dimitriferluga@gmail.com - *Closed: Mon and lunchtime from Tue to Thurs*

Trattoria - Gostilna VETO - Opicina / Opčine (TS), Via di Prosecco / Proseška ulica 35, tel. 040 211629, www.trattoriapizzeriaveto.com - *Closed: Tues*

Trattoria sociale - Društvena Gostilna - Gabrovizza / Gabrovec 24 (TS), tel. 040 229168, dimitriferluga@gmail.com - *Always open*

Hotel&Restaurant KRIŽMAN - Repen 76, Monrupino / Repentabor, tel. 040 327115 www.hotelkrizman.eu – *Closed: lunchtime Mon, all day Tues*

Trattoria - Gostilna GUŠTIN - Sgonico / Zgonik 3/a, tel. 040 229123, www.gustintrattoria.com - *Closed: dinner time Mon, all day Wed*

Trattoria - Gostilna SARDOC - Precenico / Prečnik 1/b, Duino Aurisina - Devin Nabrezina tel. 040 200871 - www.sardoc.eu - *Closed: Mon, Tues*

Trattoria – Gostilna AL REFOLO - Hostaria creativa - Monfalcone / Tržič, Via / Ulica IX Giugno 69 tel. 333 4022509 alrefolo@yahoo.it *Open at lunch from Mon to Fri, Fri evening upon reservation*

Trattoria - Gostilna LOKANDA DEVETAK - Savogna d'Isonzo / Sovodnje ob Soci (GO), San Michele del Carso, Vrh sv. Mihaela / Brežiči 22, tel. 0481 882488 - www.devetak.com - *Closed: all day Mon and Tues, and lunchtime Wed and Thurs*