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Pleasures of the Carso – Spring 2019

within the "Springtime Low-Impact Mobility" initiative promoted by A.Mo.Do.

6 nature trails on the Carso around Trieste and Gorizia
Nature, culture, history and gastronomy

Sundays and Easter Monday, from 7 April to 2 June

Carso environments and ecology presented by "Curiosi di Natura" guides
With live readings (in Italian) about local nature, history and culture

Easy itineraries along mainly flat paths, suitable for all ages and fitness levels
Long trousers and closed shoes with treaded soles recommended

Possibility of discounted meals at affiliated "Saperi del Carso" restaurants

CALENDAR OF EXCURSIONS

On Sundays and Easter Monday: 7, 22, 28 April; 12, 19 May (9.30-13.00)
Sunday 2 June (9.30-17.00)

Meeting time: 20 min before departure, at indicated venue (see GPS & Google Maps)

SUNDAY 7 APRIL "Along the rim of the Carso plateau, from Santa Croce to Trieste" A scenic walk amid the evergreen holm-oaks, spring flowers and karstic rocks. With a stop at Vedetta Slataper, a lookout tower with views of the Gulf and Miramare Castle. With live readings. **Meeting venue: Santa Croce (Trieste)**, Provincial road n. 1 at the junction for Bristie. Bus n. 44 from Trieste. **GPS:** 45°44'05.3"N 13°41'46.2"E - [45.734806, 13.696167](https://www.google.com/maps/place/45.734806,13.696167)

MONDAY 22 APRIL "The Riselce Trail" Across the karstic grasslands and woods with wild peonies, to one of the most spectacular dolinas of the Trieste Carso, surrounded by sheer vertical walls rising 40 m above the ground. **Meeting venue: piazza del Municipio, Sgonico.** Bus n. 46. **GPS:** 45°44'08.2"N 13°44'49.1"E - [45.735611, 13.746972](https://www.google.com/maps/place/45.735611,13.746972)

SUNDAY 28 APRIL "The WWI Park in Monfalcone" Across the pine forests and meadows, up to the Castle that dominates the plains and the Carso. In the quiet of nature, among the remains of trenches, with live readings about World War I. **Meeting venue: Monfalcone Town Hall.** Can be reached by bus and train. **GPS:** 45°48'37.0"N 13°31'59.2"E - [45.810278, 13.533101](https://www.google.com/maps/place/45.810278,13.533101)

SUNDAY 12 MAY "From Repen to Rocca di Monrupino" Through the oak and pine forests, up to the stronghold with its sanctuary and to the Torrioni, spectacular rock towers rising 10 metres above the ground and created by rain erosion. With live readings. **Meeting venue: the square in Repen.** Bus n. 42 from Trieste. **GPS:** 45°43'24.9"N 13°47'30.4"E - [45.723575, 13.791773](#)

SUNDAY 19 MAY "On Mount Carso" A level walk across the Mount Carso and Ocisla plateau. Flowering Carso grasslands, twisted wind-bent juniper bushes and a spectacular view of Val Rosandra, the sea and Istria. **Meeting venue: San Dorligo – Dolina Cemetery** (then by car-sharing) Bus n. 41 from Trieste. **GPS:** 45°35'58.5"N 13°51'30.6"E - [45.599583, 13.858508](#)

SUNDAY 2 JUNE "From Basovizza to Mount Cocusso" (whole day: 9.30-17.00) Slow-paced excursion through the woods, dolinas and pastures, up to the highest point of the Trieste Carso (334 m ascent). With views spanning from the sea to Slovenia. Lunch at leisure (packed or at the M. Cocusso lodge). Return via a different route to Basovizza. **Meeting venue: start of the Ressel trail, Basovizza.** Bus n. 39 from Trieste. **GPS:** 45°38'42.2"N 13°51'45.8"E - [45.645056, 13.862722](#)

PRICES: € 8.00 full (2 June € 12,00); € 5.00 reduced, under 14 years; free under 6 years

BOOKING IS RECOMMENDED

FOR GROUPS, ON REQUEST: excursions also possible on other dates, all year round
Tour languages: IT, ENG, DEU, SLO - www.piacevolmentecarso.it

INFO & BOOKING: CURIOSI DI NATURA

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Press: Maurizio Bekar – www.bekar.net

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AFFILIATED **RESTAURANTS**



All participants in an excursion will receive a coupon for 2 persons, valid from 7 April to 2 June (Easter Sunday excluded; Easter Monday depending on the restaurant) entitling them to a 10% discount on menus of the following "Sapori del Carso" restaurants

Trattoria - Gostilna OŠTERIJA FERLUGA – Conconello / Ferluga (TS), Via / Ulica Bellavista 12, tel. 347 1396133 - dimitriferluga@gmail.com - *Closed: Mon, Tues (from May on Mon only)*

Trattoria - Gostilna VETO - Opicina / Opcine (TS), Via di Prosecco / Proseška ulica 35, tel. 040 211629, pizzeriaveto@libero.it - *Closed: Tues*

Trattoria sociale - Društvena Gostilna - Gabrovizza / Gabrovec 24 (TS), tel. 040 229168, dimitriferluga@gmail.com - *Always open*

Hotel&Restaurant KRIŽMAN - Repen 76, Monrupino / Repentabor, tel. 040 327115 www.hotelkrizman.eu – *Closed: lunchtime Mon, all day Tues*

Trattoria - Gostilna GUŠTIN - Sgonico / Zgonik 3/a, tel. 040 229123, www.gustintrattoria.com - *Closed: dinner time Mon and Tue, all day Wed*

Trattoria - Gostilna SARDOČ - Precenico / Prečnik 1/b, Duino Aurisina - Devin Nabrežina, tel. 040 200871 - www.sardoc.eu - *Closed: Mon, Tues*

Trattoria – Gostilna AL REFOLO - Hostaria creativa - Monfalcone / Tržič, Via / Ulica IX Giugno 69 tel. 333 4022509 alrefolo@yahoo.it Open at lunch from Mon to Fri, and Fri evening. *Closed: Sat and Sun*

Trattoria - Gostilna LOKANDA DEVETAK - Savogna d'Isonzo / Sovodnje ob Soči (GO), San Michele del Carso, Vrh sv. Mihaela / Brežiči 22, tel. 0481 882488 - www.devetak.com - *Closed: all day Mon and Tues, and lunchtime Wed and Thurs*