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## PLEASURES OF THE CARSO - SUMMER 2017

**10 nature trails on the Carso around Trieste and Gorizia**  
**Nature, culture, history and gastronomy**

**Every Sunday from 23 July to 24 September**

**Carso environments and ecology presented by "Curiosi di Natura" guides**  
**With live readings (in Italian) about local nature, history and culture**

**Easy itineraries along flat, shaded paths, suitable for all ages and fitness levels**  
**Long trousers and closed shoes with treaded soles recommended**

**Possibility of discounted meals at affiliated "Sapori del Carso" restaurants**

### SUNDAY EXCURSIONS:

**23 July - 20 August (17.30-20.30) // 27 August - 24 September (9.30-12.30)**

**Meeting time: 20 min before departure, at indicated venue (see GPS & Google Maps)**

**23 JULY and 27 AUGUST - "From San Dorligo della Valle to Prebenico"**. Through woods and olive groves at the foot of Mount Carso, as far as Prebenico, a village perched high up on the ridge that overlooks Istria, the green valley of Noghère and the city of Trieste. **With live readings. Meeting venue: square in front of the Carabinieri Station in Dorligo Della Valle.** Bus n. 41. GPS: 45°36'02.9"N 13°51'33.2"E - [45.600812](#), [13.859236](#)

**30 JULY and 3 SEPTEMBER - "From Sgonico along the Gemina Road"**. Along the flank of Mount Lanaro, on the Roman road that connected Aquileia to modern Ljubljana. A walk through the magical atmospheres of woods of ancient oaks, hazel trees and ferns, clearings with dry stone walls and views over the Gulf. **With live readings. Meeting venue: Piazza del Municipio, Sgonico.** Bus n. 46 GPS: 45°44'08.2"N 13°44'49.1"E - [45.735596](#), [13.746969](#)

**6 AUGUST and 10 SEPTEMBER - "From San Martino del Carso to Mount San Michele"**. A walk through nature and history: woods, dolinas, trenches, galleries and sites of the Great War. **With historical readings. Meeting venue: Piazza della Fontana, San Martino del Carso (Sagrado).** GPS: 45°52'34.4"N 13°32'03.6"E - [45.876215](#), [13.534324](#)

**13 AUGUST and 17 SEPTEMBER - "From Prosecco through the woods overlooking Miramare"**. Along the Carso ridge, through pine and oak forests, across the karstic scree with its fragrant sage and winter savoury shrubs and clearings overlooking the beautiful Miramare promontory. **With live readings. Meeting venue: War Memorial (next to the pharmacy), Prosecco.** Bus n. 42 and 44. GPS: 45°42'30.5"N 13°43'50.4"E - [45.708481](#), [13.730662](#)

**20 AUGUST and 24 SEPTEMBER - "Above the Val Rosandra: from Basovizza to Mount Stena"**. Through the woods and karstic grasslands offering spectacular views of the valley and its rockfaces, the sea and Istria. **Meeting venue: Foiba of Basovizza.** Bus n. 39 (Basovizza pharmacy bus stop, 10 minutes' walk from the Foiba). GPS: 45°38'06.9"N 13°51'50.4"E - [45.635249](#), [13.864005](#)

**PRICES: € 7,00 full; € 5,00 reduced, under 14 years; free under 6 years**

**BOOKING IS RECOMMENDED**

**FOR GROUPS, ON REQUEST: excursions also possible on other dates, all year round**

**Tour languages: IT, ENG, DEU, SLO - [www.piacevolmentecarso.it](http://www.piacevolmentecarso.it)**

**INFO & BOOKING: CURIOSI DI NATURA**

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**Press: Maurizio Bekar - [www.bekar.net](http://www.bekar.net)**

## **Pleasures of the Carso Summer 2017**

### **AFFILIATED RESTAURANTS**



**All participants in a "Curiosi di natura" excursion will receive a coupon for 2 persons, valid from 23 July to 24 September 2017, entitling them to a 10% discount on menus of the following "Sapori del Carso" restaurants**

**Trattoria – Gostilna OŠTERIJA FERLUGA** – Conconello / Ferlugi (TS), Via / Ulica Bellavista 12, tel. 347 1396133 - [dimitriferluga@gmail.com](mailto:dimitriferluga@gmail.com) - Closed: lunchtime Mon, Tues, Wed

**Trattoria-Gostilna VETO - Opicina / Opicine (TS)**, Via di Prosecco / Proseška 35, tel. 040 211629, [www.trattoriapizzeriaveto.com](http://www.trattoriapizzeriaveto.com) - Closed: Tues

**Trattoria sociale - Društvena gostilna** – Gabrovizza / Gabrovec 24 (TS), tel. 040 229168, [dimitriferluga@gmail.com](mailto:dimitriferluga@gmail.com) - Always open

**Hotel&Restaurant KRIZMAN** - Repen 76, Monrupino / Repentabor, tel. 040 327115, [www.hotelkrizman.eu](http://www.hotelkrizman.eu) - [info@hotelkrizman.eu](mailto:info@hotelkrizman.eu) - Closed: lunchtime Mon, all day Tues

**Trattoria – Gostilna GUŠTIN** - Sgonico / Zgonik 3/a, tel. 040 229123, [www.gustintrattoria.com](http://www.gustintrattoria.com) - [info@gustintrattoria.com](mailto:info@gustintrattoria.com) - Closed: dinner time Mon, all day Wed

**Trattoria – Gostilna LA LAMPARA** - Santa Croce / Kriz 144 (TS), tel. 040 220352, [www.la-lampara.net](http://www.la-lampara.net) - [trattorialalampara@tiscali.it](mailto:trattorialalampara@tiscali.it) - Closed: Thurs

**Trattoria – Gostilna SARDOC** - Precenico / Precnik 1/b, Duino Aurisina - Devin Nabrezina, tel. 040 200871 - [www.sardoc.eu](http://www.sardoc.eu) - [info@sardoc.eu](mailto:info@sardoc.eu) - Closed: Mon, Tues

**Trattoria – Gostilna LOKANDA DEVETAK** - Savogna d'Isonzo / Sovodnje ob Soci (GO), San Michele del Carso, Vrh sv. Mihaela / Brezici 22, tel. 0481 882488 - [www.devetak.com](http://www.devetak.com) - [info@devetak.com](mailto:info@devetak.com) - Closed: all day Mon and Tues, and lunchtime Wed and Thurs

S.i.p. luglio 2017, via D'Azeglio 23, TS